

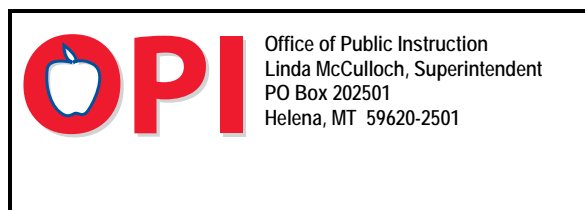
2005 Montana Youth Risk Behavior Survey

Gender Comparison

Prepared by

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2005 Youth Risk Behavior Survey

A Gender Comparison of Montana High School Data

Unintentional Injuries and Violence			
The percent of students who. . .	MT High School	Males	Females
Never or rarely wore a bicycle helmet	82.3	83.2	81.2
Never or rarely wore a seat belt when riding in a car driven by someone else	14.0	17.7	9.5
Never or rarely wore a seat belt when driving a car	18.7	22.4	14.6
Rode one or more times in a car or other vehicle driven by someone who had been drinking alcohol, in the past 30 days	34.4	33.9	34.4
Drove a car or other vehicle one or more times when they had been drinking alcohol, in the past 30 days	18.5	20.5	16.0
Carried a weapon such as a gun, knife, or club on one or more of the past 30 days	21.4	34.3	7.7
Carried a gun on one or more of the past 30 days	9.0	14.7	2.7
Carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days	10.2	16.8	3.0
Did not go to school on one or more of the past 30 days because they felt unsafe at school or on their way to or from school	4.2	3.8	4.0
Had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months	8.0	9.4	5.8
Had property, such as their car, clothing, or books stolen or damaged on school property during the past 12 months	30.1	31.3	28.5
Were in a physical fight one or more times during the past 12 months	30.5	37.7	23.0
Were injured in a physical fight one or more times during the past 12 months and had to be treated by a doctor or nurse	3.6	4.8	2.1
Were in a physical fight on school property one or more times during the past 12 months	10.9	14.8	6.8
Were ever hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months	10.9	10.0	11.2
Have ever been physically forced to have sexual intercourse when they did not want to	10.2	6.3	13.9
During the past 12 months, ever felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities	25.6	17.6	34.0
Seriously considered attempting suicide during the past 12 months	17.5	10.2	25.0
Made a plan about how they would attempt suicide during the past 12 months	14.6	9.9	19.2
Actually attempted suicide one or more times during the past 12 months	10.3	6.7	13.3
Attempted suicide during the past 12 month that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse	3.1	1.8	4.1

Tobacco Use			
The percent of students who . . .	MT High School	Males	Females
Ever tried cigarette smoking	55.4	56.1	54.4
Smoked a whole cigarette for the first time before age 13	17.7	19.2	15.4
Smoked a cigarette on one or more of the past 30 days (current)	20.1	19.2	20.9
Smoked cigarettes on 20 or more of the past 30 days (frequent)	8.8	8.3	9.1
Smoked two or more cigarettes per day on the days they smoked during the past 30 days	12.8	11.3	14.2
Smoked more than 10 cigarettes per day on the days that they smoked during the past 30 days	1.6	1.8	1.2
Usually got their own cigarettes by buying them in a store or gas station during the past 30 days	4.8	5.3	4.3
Smoked cigarettes on school property on one or more of the past 30 days	7.0	7.6	6.1
Ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days	15.2	13.9	16.1
Are current smokers, and tried to quit smoking during the past 12 months	43.8	54.4	67.5
Used chewing tobacco, snuff, or dip on one or more of the past 30 days	14.8	22.8	5.8
Used chewing tobacco, snuff, or dip on school property on one or more of the past 30 days	8.2	13.5	2.2
Smoked cigars, cigarillos, or little cigars on one or more of the past 30 days	17.6	23.7	11.0
Used any tobacco during the past 30 days	31.4	37.4	25.0

Alcohol and Other Drug Use			
The percent of students who . . .	MT High School	Males	Females
Had at least one drink of alcohol on one or more days during their life	77.8	77.3	78.4
Had their first drink of alcohol other than a few sips before age 13	27.9	31.8	23.2
Had at least one drink of alcohol on one or more of the past 30 days	48.6	49.2	48.0
Had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days	34.4	36.0	32.7
Had at least one drink of alcohol on school property on one or more of the past 30 days	6.4	7.0	5.4
Used marijuana one or more times during their life	41.7	43.7	39.4
Tried marijuana for the first time before age 13	11.2	14.4	7.7
Used marijuana one or more times during the past 30 days	22.3	23.3	21.1
Used marijuana on school property one or more times during the past 30 days	6.1	6.8	5.1
Used any form of cocaine, including powder, crack, or freebase one or more times during their life	9.5	9.8	8.5
Used any form of cocaine, including powder, crack, or freebase one or more times during the past 30 days	4.0	4.2	3.4
Sniffed glue, breathed the contents of aerosol cans, or inhaled any paints or sprays to get high one or more times during their life	15.4	15.0	15.3
Used heroin one or more times during their life	3.6	4.4	2.1
Used methamphetamines one or more times during their life	8.3	8.4	8.0
Used ecstasy one or more times during their life	6.3	6.9	5.1
Took steroid pills or shots without a doctor's prescription one or more times during their life	4.4	4.8	3.7
Used a needle to inject any illegal drug into their body one or more times during their life	3.6	4.2	2.3
Were offered, sold, or given an illegal drug on school property by someone during the past 12 months	25.3	27.4	23.0

Sexual Behaviors			
The percent of students who . . .	MT High School	Males	Females
Ever had sexual intercourse	43.6	44.4	42.6
Had sexual intercourse for the first time before age 13	5.1	7.0	2.8
Had sexual intercourse with four or more people during their life	13.0	13.3	12.5
Had sexual intercourse with one or more people during the past three months	31.2	30.0	32.4
Have ever had sexual intercourse but have not had sexual intercourse during the past three months	28.4	32.0	24.3
During the past three months, drank alcohol or used drugs before last sexual intercourse	29.8	32.0	27.3
Had sexual intercourse during the past three months and used a condom during last sexual intercourse	65.8	69.4	62.3
Had sexual intercourse during the past three months and used birth control pills during last sexual intercourse	19.2	17.7	20.1

Dietary Behaviors			
The percent of students who . . .	MT High School	Males	Females
Are at risk for becoming overweight	12.8	13.0	12.6
Are overweight	9.3	13.9	4.4
Described themselves as slightly or very overweight	31.7	23.4	40.2
Were trying to lose weight	42.6	24.2	61.9
Exercised to lose weight or to keep from gaining weight during the past 30 days	59.7	49.6	69.9
Ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days	39.6	24.9	54.8
Went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days	12.1	7.6	16.7
Took diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days	5.9	4.6	7.3
Vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days	6.3	3.4	9.1
Drank 100% fruit juices one or more times during the past 7 days	81.3	81.2	81.6
Ate fruit one or more times during the past 7 days	87.3	87.3	87.9
Ate green salad one or more times during the past 7 days	71.9	69.7	74.6
Ate potatoes one or more times during the past 7 days	73.1	74.7	71.8
Ate carrots one or more times during the past 7 days	57.5	58.2	56.9
Ate other vegetables one or more times during the past 7 days	84.7	83.5	86.4
Ate five or more servings of fruits and vegetables per day during the past 7 days	17.0	19.0	14.8
Drank three or more glasses of milk per day during the past 7 days	21.5	28.3	14.6

Physical Activity			
The percent of students who . . .	MT High School	Males	Females
Exercised or participated in physical activities for at least 20 minutes that made them sweat and breathe hard on three or more of the past 7 days	65.0	73.4	56.5
Participated in physical activities that did not make them sweat or breathe hard for at least 30 minutes on five or more of the past 7 days	28.3	30.4	26.0
Did not participate in at least 20 minutes of vigorous physical activity on three or more of the past 7 days and did not do at least 30 minutes of moderate physical activity on five or more of the past 7 days	31.2	23.8	38.6
Participated in no vigorous or moderate physical activity during the past 7 days	7.8	6.0	9.7
Were physically active for 60 minutes or more per day on five or more of the past seven days	31.2	37.9	24.1
Watched three or more hours of TV per day on an average school day	26.3	28.5	23.5
Attended physical education (PE) class one or more days during an average school week	58.1	63.2	53.2
Attended physical education (PE) class daily	34.0	38.4	29.4
Exercised or played sports more than 20 minutes during an average physical education class	84.6	85.2	84.0
Played on one or more sports teams during the past 12 months	61.7	65.8	57.6
Had ever been taught about AIDS or HIV infection in school	90.0	89.3	91.3